



Oceandivers



**Russian Arctic Diving Adventure
March 04th. – March 12th. 2018**

Once more into the Arctic

Welcome aboard the '**Oceandivers Russian Arctic Diving Adventure 2018**'. This will be our forth journey to the frozen north to experience a very different world of Diving. If you have not yet experienced diving below the frozen surface of the White Sea then perhaps it's time to consider expanding your experiential range and join us on our next Arctic adventure.

Irish divers are well prepared for arctic diving especially those who choose to dive year round in Ireland. Our chilling winter weather is often as chilling as the conditions we have experienced in the arctic on previous trips. Here in Ireland we have humid wet and windy conditions, while in the arctic the air is much dryer and so it's is easy to stay warm with the right clothing. It also tends to snow rather than rain which again is far more pleasant and a lot more fun. So don't be dissuaded by notions of cold, come and join this year's team of Arctic Adventurers. You will be well cared for by our crew and the team at the Arctic Circle Diving Centre. (ACDC)



This year route will take us from Dublin to Moscow and Moscow to Murmansk by air then overland to Chuppa and finally Nilmagubbba the home of the ACDC. On our outward journey we will overnight in Moscow with two days and three nights in Moscow on our return taking in some of the sights and sounds as well as time for shopping and relaxing.

The preliminary schedule details (TBC) are set out below along with details of the estimate package cost and equipment requirements based on current prices. As all dives are made in dry suits it is therefore important that everyone is an Advanced diver and has a dry suit with over twenty dry suit dives logged before departure. The water temperature is



between -1 and -2C. Typical daytime air temperatures between -10 and +5. On our last trips, 2014 & 2016, most days were clear and dry with plenty of sunshine. We did of course have one or two blizzards but that's what you expect in the Arctic. Whilst all diving is done out on the ice there are wooden huts on site with wood burning stoves for changing and having lunch etc. Accommodation is in a small fishing village with lovely modern log houses, plenty of excellent home cooked food and lashing of hot water.

For evening entertainment, besides the Aurora Borealis and the beautiful arctic night sky, there is a traditional Russian Banya, like a sauna but 10



times better and cold beers to be drunk whilst reflecting on the day's events. Apart from the diving, the experience of travelling to and being in the wilderness of the Russian Arctic is absolutely wonderful. The views out over the frozen White Sea stretch on forever in beautiful silence while the sky is constantly changing between blinding sunlight and

stunning cloud formations. During the week there are opportunities to go on a skidoo trip to an old Russian village that has no road access, it's a peek into wild Russia and a fun journey overland by skidoo. There is also an opportunity to snorkel with Beluga Whales that are held in captivity near the village.



If you don't have a dry suit or twenty dives in one, we can put together a programme to ensure you are suitably qualified and confident for next March. Please contact us (01 2801083) to discuss. Minimum Diver Certification level is PADI Advanced + 20 dives + Dry Suit Specialty inc 20 Dry Suit dives. . CMAS 2* + 20 logged Dry Suit Dives.



Proposed Itinerary (Subject to flight/acc availability)

Date	Location		
2nd. March 2018	Dept Dub - Moscow	Overnight in Moscow	
3rd March	Depart Moscow - Murmansk	Murmansk to Arctic Circle Diving Centre overland	Arrive ACDC
4th March	ACDC	Refresher dive/ Ice Diver Course*	Banya, Beer & Dinner
5th March	ACDC	Diving / Ice Diver Course*	Banya, Beer & Dinner
6th March	ACDC	Diving	Black River excursion by snowmobile
7th March	ACDC	Diving	Evening Excursions
8th March	ACDC	Diving	Banya, Beer & Dinner
9th March	Depart ACDC to Murmansk	Murmansk to Moscow	
10 March	Moscow		Sightseeing/ Shopping/ relaxing
11 March	Moscow		Sightseeing/ Shopping/ relaxing
12th March	Moscow - Dublin		



What's included

Led trip including organisation and coordination.

Overland transfers from Murmansk to Arctic Circle Dive Centre.

Full board accommodation in ACDC (twin comfort room sharing) all meals, beverages, snacks etc. (excluding alcoholic drinks)

PADI Ice Diver Specialty and certification

Ice diving package

Package price (A) €1569 (Already certified as an Ice Diver).

Package price (B) €1769 (Including PADI Ice Diver specialty) You must be certified as an Ice Diver to dive.

Additional costs, not included.

Flights Dub- Moscow - Murmansk return. App cost €450

Russian Visa. €60 (Irish)

Letter of invitation from ACDC for Russian visa and voucher €30

Optional excursions – Black River Village €65 (TBC) –

Snorkelling with Beluga Whales €85

Outward and return accommodation in Moscow app €75 p/p p/night.

C/C payments to Oceandivers subject to 2.5% surcharge. No surcharge charge for Laser/Debit card or bank transfer.

*Please note all above prices are based on current prices and are subject to change.

Minimum group size 8 persons.

What to do to book you place:

1. Please contact us with your details and dive qualification. Your passport will need to be in date for 6 months after the end date of the trip. We will apply for tourist visa support letter and voucher from Arctic Circle Dive centre for each member of the trip once the group has been finalised.
2. A deposit payment €250 will be required to confirm places and begin the visa requisition proces.
3. Download official visa application form Russian Embassy website. Read carefully the requirements. We will send you a copy of the official invitation that is required with your application. Once you have this make an immediate application for single entry visa.
4. Personal Diving insurance is mandatory.
5. We will issue you with more details regarding equipment and training.

What to bring:

1. Dry suit with warm under suit and heavy socks
2. BCD
3. Cold water regulators x 2 DIN
4. Mask, fins
5. Belt or wt pouches
6. Computer, camera, torch
7. 7mm Diving mitts (preferred) or dry gloves,

Clothing;

1. Warm clothing with good windproof outer layer
2. Plenty of thermal layers (Marino wool very good insulator)
3. Warm waterproof foot wear with good thermal socks (keeping toes and fingers warm is the key to comfort in cold climates)
4. Warm hat(s), Gloves or mitts
5. Camera

It is usually fingers and toes that will get cold first so be sure to have good foot wear, thermal socks and good winter grades mitts or gloves.



Places of interest in Moscow

1. Red Square, https://en.wikipedia.org/wiki/Red_Square
2. Cathedrals of Saint Basil the Blessed
https://en.wikipedia.org/wiki/Saint_Basil%27s_Cathedral
The Kremlin Palace , Armoury Chamber, Diamond fund, <http://www.kreml.ru/en-Us/museums-moscow-kremlin/>
3. Bolshoi Theatre (Ballet or Opera) Next to Red Square.
<http://www.bolshoi.ru/en/about/hist/intro/>
4. Christ the Saviour Cathedral.
https://en.wikipedia.org/wiki/Cathedral_of_Christ_the_Saviour
5. In a walking distance from Christ the Saviour Cathedral there is The Red Of October Factory
[https://en.wikipedia.org/wiki/Krasny_Oktyabr_\(confectionery_brand\)](https://en.wikipedia.org/wiki/Krasny_Oktyabr_(confectionery_brand))
6. (Ex. Chocolate Factory which has been turned to a modern art cluster with the main focus to gastronomic restaurants, fashionable clubs, offices of prosperous companies, art galleries and exhibition halls.)
7. Tverskaya Street (Central Moscow Street)
https://en.wikipedia.org/wiki/Tverskaya_Street
8. Old Arbat Street (Parallel to a New Arbat Street)
https://en.wikipedia.org/wiki/Arbat_Street
9. Moscow Metro <http://www.creativevisualart.com/2013/05/21/11-of-moscows-most-beautiful-metro-stations>
10. Patriarch Ponds https://en.wikipedia.org/wiki/Patriarch_Ponds

Art Museums :

1. Tretyakov Gallery <https://www.tretyakovgallery.ru/en/>
2. Pushkin Museum <http://www.arts-museum.ru/?lang=en>
3. Novodevichy Convent https://en.wikipedia.org/wiki/Novodevichy_Convent
4. Museum of Cosmonautics <http://www.kosmo-museum.ru/?locale=en>
Museum of Cosmonautics is located next to VDNH <http://vdnh.ru/en/about/history/>
5. The unique VDNH architectural and park complex is formed by 49 monuments, 45 of which are of federal significance.
6. (In winter till the middle of march the biggest ice rink in Europe is located there).
7. The Victory Park <http://www.poklonnaya-gora.ru/en/about/>